

# AUGUST 2022

## Lil' Tiger's Playhouse

### Monday

1

BBQ Drumsticks  
Mashed Potatoes  
Con on the cob  
Cubed Honey Dew  
Milk

### Tuesday

2

Tuna Sandwiches  
Pita Chips  
Bell Pepper Sticks  
Watermelon  
Milk

### Wednesday

3

Mac & Cheese  
Smoked Sausage  
Peas & Carrots  
Yogurt & Mixed Fruit  
Milk

### Thursday

4

Beef Stew  
Quartered Grapes  
Cornbread Muffin  
Milk

### Friday

5

Grilled Cheese  
Tomato Soup  
Fresh Plum Slices  
Milk

8

Turkey Bacon  
Whole Grain Pancakes  
Hash Browns  
Mixed Fruit  
Milk

9

Meatballs w/Egg Noodles  
Green Beans  
Sliced Pears  
Wheat Bread  
Milk

10

Pizza (Wheat Crust)  
Broccoli / Cauliflower Mix  
Sliced Apples  
Milk

11

Meatloaf  
Peas  
Yogurt w/strawberries  
Wheat Roll  
Milk

12

Cheeseburgers  
French Fries  
Sliced Peaches  
Milk

15

Spaghetti  
French Bread  
Corn  
Orange Slices  
Milk

16

Chicken Nuggets  
Green Beans  
Apricots  
Wheat Roll  
Milk

17

Bean & Cheese Burrito  
Mexicali Corn  
Seasonal Fruit  
Milk

18

Steak Fingers  
Tossed Salad  
Honey Dew  
Milk

19

Chicken Fajitas  
Mexican Rice  
Refried Beans  
Watermelon  
Milk

22

Fish Sticks  
Mixed Vegetables  
Apple Slices  
Wheat Bread  
Milk

23

Chicken w / Rice  
Broccoli  
Fruit Cocktail  
Wheat Tortilla  
Milk

24

Beef Enchiladas  
Mexican Rice  
Refried Beans  
Cantaloupe  
Milk

25

Cheeseburgers  
Tator Tots  
Pickle Spears  
Banana Slices  
Milk

26

Pizza Bagels  
Tossed Salad  
Yogurt w / Blueberries  
Milk

29

Chili Hot Dogs  
French Fries  
Pickle Spears  
Fruit Cocktail  
Milk

30

Mini Corndogs  
Pita Chips  
Peas & Carrots  
Applesauce  
Milk

31

Pigs' 'n' Blanket  
Ranch Styles Beans  
Watermelon  
Milk



Breakfast will rotate each week and milk will be served: Monday-Waffles & Fruit / Tuesday-Sausage & Biscuits / Wednesday-French Toast / Thursday-Cereal / Friday-Pancakes & Fruit

Snack will rotate each week: Monday- Yogurt Cups w / Berries / Tuesday- Rice Cakes w / PB & Bananas / Wednesday – Trail Mix / Thursday- Mini Lunchables / Friday- Fruit Pin Wheels