

OCTOBER 2025

MON	TUE	WED	THU	FRI
6 Egg Omelet WG Toast Orange Wedges Milk Apple Slices Sunbutter	7 Pancakes Strawberries Milk Crackers Cheese Cubes	8 Cereal Bananas Milk Yogurt Blueberries	9 Waffles Fruit Milk Graham Crackers Banana	10 French Toast Fruit Milk Rice Cakes w/ Nutella Apples
13 Breakfast Crescents Fruit Milk Crackers Cheese Cubes	14 English Muffin w/ Egg & Cheese Melon Milk Trail Mix Apple Juice	15 Bagel w/ Cream Cheese Grapes Milk Nutrigrain Bars Oranges	16 Muffin Yogurt Apple Slices Milk Cheese Stick Grapes	17 Breakfast Grilled Cheese Milk Cheeze-its Fruit
20 Pumpkin Waffles Strawberries Milk Pepperoni Slices Crackers Cheese	21 Pancakes Strawberries Milk Yogurt bites Strawberries	22 Egg & Bacon Burrito Milk Peanut Butter Balls Apple Juice	23 French Toast Fruit Milk PB&J Sandwiches White Grape Juice	24 Apple Cinnamon Muffin Pears Milk Pumpkin Bites Applesauce
27 Bagel Breakfast Sandwich Fruit Milk Crackers Cheese Cubes	28 Egg Scramble Toast Fruit Milk Mini Bagels w/cream cheese Orange Juice	29 Pumpkin Muffins Fruit Milk Trail Mix Fruit	30 Egg & Ham Bites Fruit Milk Crackers Cheese Cubes	31 Croissant Breakfast Sandwiches Fruit Milk Fruit Cup Graham Crackers